

# Preparing for your surgery

Thank you for choosing the Surgical Eye Center. We want to make your upcoming visit as comfortable as possible by providing quality care in a warm, personalized setting dedicated to excellence in outpatient ophthalmic surgical care.

Upon arrival, you will be asked to complete insurance forms and consent for surgery. Necessary pre-operative tests will also be completed and our anesthesia caregiver will discuss your anesthesia care and answer any questions you may have.

Post-operative instructions will be reviewed with you and your escort to ensure all your questions are answered. After surgery, a member of our staff will contact you to see how you are recovering.

The following surgeons provide care at the Surgical Eye Center:

Derek W. DelMonte, M.D.  
Andrew J. Mincey, M.D.  
Christopher T. Shah, M.D.

Paula E. Pecen, M.D.  
Karl Stonecipher, M.D.

## **The day of surgery**

### **Check-in**

There are two entrances in the building where the Surgical Eye Center is located. Please use the entrance marked Surgical Eye Center.

### **Medications**

Please take normally scheduled blood pressure medicine, breathing medicine and cardiac (heart) medicine the day of surgery with sips of water. **DO NOT** take diuretics (water pills) the morning of surgery. If you have diabetes, **DO NOT** take oral hyperglycemic medications (sugar pills) or insulin the morning of surgery. If you use an inhaler, please bring it with you.

Bring a complete list of the nonprescription and prescription medications and dosages you currently are taking, including eye drops and ointments. (It may be easiest to bring all your medication bottles.)

### **Hearing aids**

If you have hearing aids, please wear them.

### **Food**

No food or drink after midnight.

### **Make-up**

Do not wear make-up, lotions or cologne.

### **Jewelry**

Please leave all jewelry at home. Medical alert tags and wedding rings may be worn.

### **Clothing**

Wear short-sleeved shirts that button down the front. No turtlenecks, sweaters or sweatshirts. We suggest women wear slacks. Please note our lobby is usually cold. You and your escort may want to bring a jacket.

**Transportation**

You will not be allowed to drive the day of your surgery, so please have someone drive you.

**Escort**

A responsible adult **MUST** accompany you on your day of surgery. We require they remain in the building throughout your stay. You will need someone to be with you for 24 hours. For your safety, your surgery will be rescheduled if a responsible adult is not with you the day of surgery.

**Instructions**

You will be given written instructions regarding the care of your eye.

**Insurance Information**

On your day of surgery, you must bring your driver's license or picture ID, your Medicare and/or Medicaid card and any other insurance cards you may have.

**Questions**

Please direct any questions regarding these instructions to:

**Surgical Eye Center**  
3312 Battleground Avenue  
Greensboro, NC 27410  
(336) 282-8330

**Billing**

You will receive an easy-to-understand bill for the services provided by the Surgical Eye Center. You will also receive a bill from your physician and from the anesthesia provider.

As is the custom of other health care facilities in the community, patients or responsible members of their family are asked to make financial arrangements prior to surgery. A pre-operative deposit is required from patients whose insurance policies do not fully cover the charges for their procedure. Self-pay patients are welcome at the center.

**Insurance**

The Surgical Eye Center accepts Medicare, Medicaid and most commercial insurance plans. Please check with a member of our staff if you have any questions regarding your bill. You may also contact the billing department at (336) 282-8329.

**Advance Directives**

Although we do not honor advance directives, we encourage you to bring a copy for your medical record.

**Directions****From I-40 Winston Salem**

Take I-40 East and travel towards the Piedmont International Airport (PTI) and take exit 212B. Cloverleaf around toward PTI and Bryan Boulevard. Take exit 107A (Bryan Boulevard/downtown). Merge into right lane (Bryan Boulevard). Go to third exit (Westridge Road) and turn right at the stoplight. Go through three stoplights. The Surgical Eye Center is the second building on the left, second entrance.

**From I-85 Lexington**

Take I-85 North to exit 120B towards Winston Salem. Merge onto I-73 North towards Bryan Boulevard/ Piedmont International Airport (PTI). Exit Bryan Boulevard East towards downtown. Take the Westridge Road exit and turn right at the stoplight. Go through three stoplights. The Surgical Eye Center is the third driveway on the left.